

## **MOURNING**

-Ryan Parsons-

Recently I have become acquainted with mourning like I have not ever experienced. Have you ever held someone in your arms who is hurting, angry, and confused? It is the lowest of low places. Sometimes it feels helpless and never-ending because you are unable to take away or fix the hurt. Thankfully, there is hope.

In the midst of the most difficult trials, we can have confidence in God's presence. "Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me" (Psalm 23:4). Likewise, we share in the same promise that the Hebrew Christians received: "I will never leave you nor forsake you" (Hebrews 13:5). Moreover, we have a high priest who is sympathetic towards us because he has walked in human shoes, too (Hebrews 4:15; John 11:35). Finally, he has established and given to his followers a community that will not only rejoice with you, but will also mourn with you so that you don't have to do so alone (Romans 12:15).

Today, as I was reflecting upon these things, I was reminded of an old sweet song. I hope it blesses you today as it has me.

### **There's not a Friend like the lowly Jesus**

*There's not a Friend like the lowly Jesus:*

*No, not one! no, not one!*

*None else could heal all our souls 'diseases:*

*No, not one! no, not one!*

*Jesus knows all about our struggles;*

*He will guide 'til the day is done:*

*There's not a Friend like the lowly Jesus:*

*No, not one! no, not one!*

### **Matthew 5:4**

*Blessed are those who mourn, for they shall be comforted.*

Keep the Faith,  
Ryan