

TRUST FALL

There was a funny video on social media recently. They jokingly tell someone to turn around, cross their arms against their chest, close their eyes, and fall backward in a "trust fall." The unsuspecting individual assumes that the friends around them will fulfill their obligation to catch them. However, the friends don't catch the individual. They let them fall. Their declaration after their friend plummets to the floor is: "Don't put your trust in man. Put your trust in God!" I'm not going to lie. I laughed. While their active learning may have some holes in it, the story's moral is correct.

Someone once said that "trust is the marrow of true wisdom." Trust gives life to dry and empty bones. Without it, wisdom is only speculation. Scripture constantly offers an "admonition against self-confidence."

Proverbs 3:5-6 says:

⁵ Trust in the Lord with all your heart,
and do not lean on your own understanding.
⁶ In all your ways acknowledge him,
and he will make straight your paths.

David in his song of deliverance after war with the Philistines, poetically proclaims:

2 Samuel 22:31-34

³¹ This God—his way is perfect;
the word of the Lord proves true;
he is a shield for all those who take refuge in him.
³² "For who is God, but the Lord?
And who is a rock, except our God?
³³ This God is my strong refuge
and has made my way blameless.
³⁴ He made my feet like the feet of a deer
and set me secure on the heights.

So often, we focus on our trust. We talk about it. We study about it. We practice it. We think to ourselves if I could only trust a little bit more. I'll work on it. However, trust is less about our abilities and more about the power of God. One believer said, "Trusting means drawing on the inexhaustible resources of God." Oswald Chambers said, "It is not our trust that keeps us, but the God in whom we trust who keeps us."

When all is said and done, the confidence that gives us the feeling of safety and security is found not by our own efforts but by focusing our whole hearts upon the Lord and what he can do. When we do that, our feet will be secure on the straight and high paths he has called us to.

I don't recommend doing trust falls with your friends. That's a sure way to get hurt. However, their recommendation is a good one. Don't trust in man. Don't trust in yourself. Trust in the Lord with all your heart. He will not let you fall. This is the eternal wisdom we need today. May God bless us as we live it.

Eyes up!
Ryan