

## WORDS

It has been quite the journey to help a little one find the words to communicate what he is thinking and feeling long after he should have developed that skill. Moreover, I have gained incredible perspective and appreciation for how we develop the skills to translate all the thoughts and feelings that lie deep within us to rational communication. In addition, it has offered me a newfound appreciation for those whose calling and profession is to loosen the bonds and free the speech to flow forth.

The same could be said of our spiritual journey. Somehow, creation cries out in praise to God naturally. However, humanity has struggled to find the words to speak to God honestly and reverently since the fall. It's like being mute or speech delayed in some way. How can we overcome such an obstacle without some help/therapy? What is it that can essentially say "Ephphatha" to our souls (Mark 7)?

Psalms (and the rest of scripture) is the key. It is our guide or speech therapy when it comes to enunciating our innermost thoughts, feelings, and our praise with a holy God. It loosens the bonds and guides us in how we communicate with the Lord through word, song, and prayer. By its power, our soul is commanded to "Be opened!"

Praise be to God who understood our deficit and provided the therapy we needed to free us from impediment so that we can converse rightly with God. May you feel His presence as you worship him without encumbrance.

### **Psalm 19:14**

*Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my rock and my redeemer.*

Keep Studying,  
Ryan