

The Spirit and the Heart

- Ron Stullenbarger -

Abundant life is given in the communion of the Spirit and the heart. It's our hearts the Spirit speaks to. It's our hearts He fills with love, joy, peace, and hope. It's our hearts in which He dwells. To acknowledge the communion between the Spirit and the heart is to open ourselves to the wellspring of life abundant. And to live seeking a greater awareness of the union that was formed in us with the Spirit at salvation is to position ourselves to receive all that God longs to give us.

1 Corinthians 6:19–20 says, *"Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price."* Scripture tells us of a greater level of communion with God than we are right now might be experiencing. Scripture tells us that when Jesus died God tore the veil in two from top to bottom. Prior to Jesus' death, God's glory had to be contained within the temple. Now through the sacrifice of Jesus we have become the temple of God. We now have union with our Creator in the Holy Spirit.

1 Corinthians 6:17 says, *"But he who is joined to the Lord becomes one spirit with him."* Romans 8:9 says, *"You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you."* To say that God dwells in our hearts isn't just a figure of speech. If you are a believer, you have been sealed and filled with the Holy Spirit. You have constant communion with God. All that's left is to grow in your understanding of this wonderful, supernatural union you have with your heavenly Father.

The Spirit longs to reveal how near He is to you. He longs to make you more aware of His manifest presence. He longs to lead you, speak to you, fill you, satisfy you, set you free, and empower you. He longs for your heart to find freedom and security in Him. He longs to be your best friend, companion, and teacher.

Take time as you pray to gain a greater revelation of God's nearness. Ask Him to reveal Himself to you that you might know to greater depths how unified you are with Him. May your days be filled with a greater measure of God's presence and love.