

## HEALING WORDS

I have always been impressed by Jesus' healings in the Bible. If I had my wish, I would be a fly on the wall when the Lord's power brought restoration power to the lives of the sick and suffering. I would joy in the looks on the faces of the healed and the responsiveness of Jesus to their deepest hurts. It would be awesome!

### **Matthew 8:1-3**

1 When he came down from the mountain, great crowds followed him. 2 And behold, a leper came to him and knelt before him, saying, "Lord, if you will, you can make me clean." 3 And Jesus stretched out his hand and touched him, saying, "I will; be clean." And immediately his leprosy was cleansed.

Believe it or not, the wisdom literature in the Bible says that the wise (living into the will and ways of God) has the capacity to bring about healing in others. While not in the same way Jesus healed, it is no less powerful. It comes from how that person chooses to use their words.

### **Proverbs 12:18**

There is one whose rash words are like sword thrusts, but the tongue of the wise brings healing.

### **Proverbs 16:24**

Gracious words are like a honeycomb, sweetness to the soul and health to the body.

### **Proverbs 15:4**

A gentle tongue is a tree of life, but perverseness in it breaks the spirit.

### **Proverbs 18:21**

Death and life are in the power of the tongue, and those who love it will eat its fruits.

It has been estimated that a person speaks 200-800 million words in their lifetime. That is hundreds of millions of words. Knowing the power of words, how mindful are we of what comes from our mouth/heart?

Is it healing or stabbing? Is it sweet or bitter? Does it build or break? Does it sustain or suffocate?

### **Luke 6:43-45**

43 "For no good tree bears bad fruit, nor again does a bad tree bear good fruit, 44 for each tree is known by its own fruit. For figs are not gathered from thornbushes, nor are grapes picked from a bramble bush. 45 The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.

May our prayer always be:

### **Psalm 19:14**

Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my rock and my redeemer.

Shalom,  
Ryan