

## METRONOME

-Ryan Parsons-

I was sitting in my car this week, staring out the window and trying to wrap my mind around the week's tasks, when I heard music. A short distance away in the parking lot was a small band practicing their playoff halftime show. As I listened to the drum line keep the beat, I appreciated the drum major working to conduct the band. Her arms were methodically directing them through their music and performance.

As I listened, I was taken back a few decades to a piano bench. The metronome clicked away as I tried to play Beethoven's Für Elise. Moments later, I was transported to a band practice field where a band director cracked a snare drum as we obediently marched in formation and in step. A metronome is an essential contraption for music. It helps musicians keep time/rhythm. In turn, this facilitates the structure and beauty of music.

Living a life in Christ is a lot like playing music. Without the right time/tempo, we struggle to fully step into the life God designed us for and calls us to. Thankfully, he gave us a drum major that became our metronome. Scripture teaches us that the Holy Spirit helps the "music" of our life align itself with Christ. Paul says that the Spirit's work transforms us into the Lord's image.

### **2 Corinthians 3:18**

*And we all, with unveiled face, beholding the glory of the Lord, are being transformed into the same image from one degree of glory to another. For this comes from the Lord who is the Spirit.*

What's your metronome? Who is conducting the "music" of your life?

Remember always to challenge yourself to yield and listen to the Spirit. If you do, the beauty of Christ will be the result.

March on!